

Oak Meadows Stables Summer Horse Camp 2009

If you have any questions regarding camp feel free to contact Leah Imsand at (256) 337-8291.

Parents may visit the stable prior to enrolling their child.

Please call ahead to schedule a time with Miss Leah or one of her assistant instructors

Download registration form @ www.oakmeadowsstables.com and mail it with your deposit to:

OMS Summer Horse Camp
c/o Leah Imsand
4527 Jeff Road
Toney, AL 35773

Please make checks payable to Oak Meadows Stables or Leah Imsand. Camp sessions are \$300.00 each. A non-refundable \$75 deposit is due at the time of registration to ensure the student's place in class. (Additional camp weeks or additional students from the same family are \$250.00 each.)

Please be sure to sign the agreement before sending. If you have any special circumstances that the camp needs to be aware of please be sure to note them on your registration form. Children requiring medication during the camp day must bring a note from their parents with specific dosing instructions. We look forward to seeing your child at camp!!

Horse Camp Session Descriptions:

Please review the following descriptions to make sure that you register for the appropriate session. If you are not sure about which session is best for your child, please contact us and we'll be happy to help you decide. We want your child to have the very best experience possible. To ensure that your child fully enjoys the horse camp experience, it is important that we have the most accurate description of any previous riding experience. If you have any questions, please let us know.

<i>Session Start Date</i>	<i>Session Title</i>	<i>Session Description</i>
June 8-12	Beginner 1	For the very beginner rider who has taken less than six months of riding lessons. Riders will begin with basic riding and horse handling skills. Progress will be made with safety in mind to build the rider's confidence and skill. Instruction includes basic riding skills at the walk and trot, often using games and friendly competitions to ensure fun and engaging lessons. Some straight-line canter work may be introduced.
June 15-19	Intermediate 1	For riders with more than six months of riding experience. Basics of horse handling and riding will be covered briefly. Instruction will be at walk, trot, and canter, with various elements added to build the rider's skills and confidence.
June 22-26	Advanced	Riders in the advanced session should have mastered riding at walk and trot and be comfortable with canter. Elements of camp will include cantering in open areas, introducing jumping and other advanced techniques. Students will be introduced to concepts of Parelli Natural Horsemanship. Students not already involved with lessons at Oak Meadows may require a brief evaluation prior to enrollment in this session.
June 29- July 3	Beginner 1	(See above description)
July 6-10	Intermediate 2	Open to campers who have completed our Intermediate 1 camp or who have been enrolled in lessons at Oak Meadows Stables. Concepts introduced in Intermediate 1 will be developed and refined. Riders will gain skill and confidence at all gaits and in different situations.
July 13-17	Beginner 2	Open to campers who have completed the Beginner 1 camp or who have been enrolled in lessons at Oak Meadows Stables. Concepts introduced in Beginner 1 will be developed and refined. Riders will gain skill and confidence at the walk and trot. Canter will be introduced and developed further.
July 20-24	Beginner 1	(See above description)

Oak Meadows Stables Summer Horse Camp Registration

Student Information Sheet



Summer Horse Camp Registration Form

Date of Application: _____

Camp dates desired: _____

PARTICIPANT INFORMATION:

Name: _____ Age: _____ Date of Birth: _____

Street Address: _____

City: _____ State: _____ ZIP: _____

Grade Completed: _____ School: _____

Riding Style Preference: Western English No Preference

Please describe the child's previous experience with horses.

Notes or Special Circumstances: *please note any medications, including dosing instructions, your child may need during camp or any other information necessary for a successful camp experience.*

Student Information Sheet

PARENT/CONTACT INFORMATION:

Mother:

Name: _____ Email Address: _____

Employer: _____ Work Phone: _____

Home Address: _____

Home Phone: _____ Cell Phone: _____

Father:

Name: _____ Email Address: _____

Employer: _____ Work Phone: _____

Home Address: _____

Home Phone: _____ Cell Phone: _____

In Case of an Emergency (and parents cannot be reached), Please Notify:

Name: _____ Relationship to Child: _____

Phone: _____

Medical Insurance:

Company: _____ Policy Number: _____

Name(s) of Person(s) Authorized to Pick up Child:

Do you have special needs for before or after camp? YES NO

If you checked yes, please detail any special needs below. You will be contacted to discuss any special requirements.

SESSION & FEES:

Please indicate the camp for which you are registering. The date listed is the date on which the camp starts. Cost of each camp is \$300.00 A \$75.00 non-refundable deposit is due for each session.^o

- | | |
|--|---|
| <input type="checkbox"/> June 8-12, Beginner 1 | <input type="checkbox"/> July 6-10, Intermediate 2 |
| <input type="checkbox"/> June 15-19, Intermediate 1 | <input type="checkbox"/> July 13-17, Beginner 2 |
| <input type="checkbox"/> June 22-26, Advanced | <input type="checkbox"/> July 20-24, Beginner 1 |
| <input type="checkbox"/> June 29-July 3, Beginner 1 | |

^oAdditional students from the same family or additional camp weeks are \$250 each with \$75 deposit

Student Information Sheet

ADDITIONAL INFORMATION:

Please answer the following questions.

1. Has your child attended day camp before?

Yes No

If yes, please indicate when and where: _____

2. How did you learn about Oak Meadows Stables? _____

3. Are there any health considerations/habits, physical problems that might affect your child's camp experience? _____

4. Does your child have special dietary needs?

Yes No

If yes, please explain: _____

5. Please check as applicable:

Attention Deficit Disorder (ADD) Asthma

Diabetes

Allergies (please explain: _____)

Other (please explain: _____)

6. Are there any activities in which your child should not participate?

Yes No

If yes, please explain: _____

Student Information Sheet

PARENT AUTHORIZATION

I hereby make application for the enrollment of my child in the Oak Meadows Stables Summer Horse Camp program. I have enclosed a minimum deposit of \$50.00, which I understand will be credited towards the balance due on or before the first day of the registered session. I understand that the registration fee is non-refundable. No deduction is allowed for late arrivals, leaving early, or dismissal of child from camp. In the case of illness, the camp will refund 1/2 of the unused camp fee.

Oak Meadows Stables has my permission to use any picture or videos of my child made during camp, or any written material that she may write about camp, for promotional purposes.

I agree that my child has permission to engage in all camp activities except where noted on the application form. I additionally agree to all forms of release of liability and agree to sign such waivers upon delivering the child to camp on the first day. I agree that if I do not sign the release forms, it may affect my child's ability to participate in camp activities. I further understand that refusal to sign a release of liability will forfeit all fees paid up until the first day of the summer camp session.

PARENT/GUARDIAN SIGNATURE:

Signature

Date

Printed Name

Student Information Sheet

This form must be completed by and for each participant in horseback riding and related activities at **Oak Meadows Stables**, hereinafter know known as “**OMS**”, at 4527 Jeff Road, Toney, Alabama 35773.

READ CAREFULLY BEFORE SIGNING: SERIOUS INJURY MAY RESULT FROM PARTICIPATION IN THIS ACTIVITY. OMS DOES NOT GUARANTEE YOUR SAFETY.

1. **REGISTRATION OF RIDERS AND AGREEMENT PURPOSE** – In consideration of the payment of a fee and the signing of this agreement, I, the following listed individual, and the parent or legal guardians thereof if a minor, do hereby voluntarily request and agree to participate in riding or riding instruction as a student at OMS, and that this student will either ride his/her own horse, or school horses provided by OMS for recreational or instructional purposes, today and on all future dates:

PLEASE PRINT:

RIDER’S NAME:	AGE:
Riding is a rigorous activity. Does this rider have physical or mental health problems which may affect his/her ability to ride a horse? <input type="checkbox"/> No <input type="checkbox"/> Yes (please explain below)	
INSURANCE INFORMATION	
My Accident/Medical Insurance Company is: _____	
My Policy Number is: _____	

2. **AGREEMENT SCOPE AND TERRITORY AND DEFINITIONS** – This agreement shall be legally binding upon me the registered student, and the parents or legal guardians thereof if a minor, my heirs, estate, assigns, including all minor children, and personal representatives; and it shall be interpreted according to the laws of the state of OMS’ physical location. If any clause, phrase, or word is in conflict with state law, then that single part is null and void. The term “HORSE” herein shall refer to all equine species. The term “HORSEBACK RIDING” herein shall refer to riding or otherwise handling of horses, whether from the ground or mounted. The terms “STUDENT” and/or “RIDER” shall herein refer to a person who rides a horse mounted or otherwise handles or comes near a horse from the ground. The terms “I”, “me”, “my” shall herein refer to the above registered student rider and the parents or legal guardians thereof if a minor.

Initial: _____

Student Information Sheet

3. ACTIVITY RISK CLASSIFICATION – I UNDERSTAND THAT Horseback riding is classified as RUGGED ADVENTURE RECREATIONAL SPORT ACTIVITY and that there are numerous obvious and non-obvious inherent risks always present in such activity despite all safety precautions. According to NEISS (National Electronic Injury Surveillance Systems of United States Consumer Products) horse activities rank approximately 64th among the activities of people relative to injuries that result in a stay at U. S. hospitals. Related injuries can be severe, requiring more hospital days and resulting in more lasting residual effects than injuries in other activities. In the course of learning to ride, ground-work activities such as “tumbling” and emergency dismounting from the horse are intended to make riding safer, but these are strenuous activities which themselves carry serious risks

Initial: _____

4. NATURE OF OMS’ SCHOOL HORSES – I UNDERSTAND THAT OMS chooses its school horses for their calm dispositions and sound basic training as is required for use for STUDENT RIDERS and OMS follows a rigid safety program. Yet, no riding horse is a completely safe horse. Horses are 5 to 15 times larger, 20-40 times more powerful, and 3 to 4 times faster than a human. If a rider falls from horse to ground it will generally be at a distance of 3 ½ to 5 ½ feet, and the impact may result in injury to the rider. Horseback riding is the only sport where one much smaller, weaker predator animal (human) tries to impose its will on, and become one unit of movement with, another much larger, stronger prey animal with a mind of its own (horse) and each has a limited understanding of the other. If a horse is frightened or provoked it may divert from its training and act according to its natural survival instincts which may include, but are not limited to: stopping short, changing directions or speed at will, shifting its weight, bucking, rearing, kicking, biting, or running from danger.

Initial: _____

5. RIDER RESPONSIBILITY – I UNDERSTAND THAT upon mounting a horse and taking up the reins the rider is in primary control of the horse. The rider’s safety largely depends upon his/her ability to carry out simple instructions, and his/her ability to remain balanced and calm aboard the moving animal. I agree that the rider shall be responsible for his/her own safety.

Initial: _____

6. CONDITIONS OF NATURE – I UNDERSTAND THAT OMS is NOT responsible for total or partial acts, occurrences, or elements of nature that can scare a horse, cause it to fall, or react in some other unsafe way. SOME EXAMPLES ARE: thunder; lightning; rain; wind; wild and domestic animals, insects, reptiles, which may walk, run or fly near, or bite or sting a horse or person; irregular footing on out-of-door groomed or wild land which is subject to constant change in condition according to weather, temperature, and natural or man-made changes in landscape.

Initial: _____

7. SADDLE GIRTHS/NATURAL LOOSENING – I UNDERSTAND THAT saddle girths (saddle fasteners around horse’s belly) may loosen during a ride. If a rider notices this he/she must alert the riding instructor as quickly as possible so action can be taken to avoid slippage of saddle and a potential fall from the animal.

Initial: _____

Student Information Sheet

8. ACCIDENT/MEDICAL INSURANCE – I AGREE THAT should emergency or other medical treatment be required, I and/or my own accident/medical insurance company shall pay for all such incurred expenses. I shall also pay any medical insurance deductibles.

Initial: _____

9. PROTECTIVE HEADGEAR WARNING – I AGREE THAT I have been fully warned and advised by OMS that I should purchase and wear protective headgear (equestrian helmet), and do understand that the wearing of such headgear while mounting, riding, dismounting, and otherwise being around horses, may prevent or reduce severity of some head injuries, and even prevent death from happening as the result of a fall or other occurrence. It is understood that OMS-PROVIDED protective headgear may not be of perfect fit for each rider's head, and that once provided I/WE will be responsible for securing these helmets on this rider's head at all times.

Initial: _____

10. PHOTO RELEASE – I AGREE THAT I consent to and authorize the use and reproduction by OMS of any photographs and any other audio-visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for benefit of OMS.

Initial: _____

11. LIABILITY RELEASE – In consideration of OMS allowing my participation in this activity, under the terms set forth herein, I, the rider, and the parent or guardian thereof if a minor, do agree to hold harmless and release OMS, its owners, agents, employees, officers, members, premises owners, and affiliated organizations from legal liability due to THIS OMS' ordinary negligence; and I do further agree that except in the event of THIS OMS' gross and willful negligence, I shall bring no claims, demands, actions and causes of action and/or litigation, against OMS and ITS ASSOCIATES as stated above in this clause for any economic and non-economic losses due to bodily injury, death, property damage, sustained by me and/or my minor child or legal ward in relation to the premises and operations of OMS, to include while learning about riding, or while riding, handling or otherwise being near horses owned by or in the care, custody and control of OMS. All Riders and Parents or Legal Guardians must sign below after reading this entire document: **SIGNER STATEMENT OF AWARENESS: I/WE, THE UNDERSIGNED, HAVE READ AND DO UNDERSTAND THE FOREGOING AGREEMENT, WARNINGS, RELEASE AND ASSUMPTION OF RISK. I/WE FURTHER ATTEST THAT ALL FACTS RELATING TO THE APPLICANTS PHYSICAL CONDITION, EXPERIENCE, AND AGE ARE TRUE AND ACCURATE.**

Student Information Sheet

RIDER:

Signature Date

Printed Name

If the above student is a minor, the consent of a PARENT or LEGAL GUARDIAN is REQUIRED.

PARENT/GUARDIAN:

Signature Date

Printed Name

OMS Acknowledgement and Witness Statement:

This agreement and liability release was signed in the presence of an authorized agent of Oak Meadows Stables (OMS). Persons signing this agreement were given opportunity to review each clause and request additional information and/or clarification. By signing below I represent that I am an authorized agent of OMS and that I witnessed all signatures to this agreement and liability release.

Signature Date

Printed Name

Student Information Sheet

Barn Rules and Information

General Rules

- Horses are prey animals and can spook at loud noises and/or sudden movements. Please remember to use a quiet voice and do not run in the barn area.
- No smoking in or near the barn!!
- Absolutely no perfume or strongly scented products around the barn.
- Pick up any unsafe items that may be lying around and put them away.
- If you open it, close it. This especially applies to gates and stall doors!!
- Please check with an instructor before feeding treats to horses, then place treats in buckets or feeders rather than hand-feeding.
- Never take a horse for granted – even the most gentle horses require constant awareness.
- Be a good example and always pick up after yourself. Be sure to put away all tack and equipment properly.
- If you are unsure about something, just ask – that's why we are here.

Taking Lessons at OMS

General

At Oak Meadows Stables, we pride ourselves on our commitment to sharing our knowledge about horses. Lessons at Oak Meadows are focused on comprehensive horsemanship - from routine care, grooming and handling to riding. We teach a balanced seat in both Western and English disciplines. We also incorporate bareback work to improve a student's seat and balance. The focus of every lesson is not only to help the student improve in his or her horsemanship but also to enjoy the experience of working and playing with horses. Our lessons are centered around the principles of natural horsemanship and strive to help the student better understand and communicate with horses.

Schedule and Fees

Schedule: To create a focused learning environment we work with limited number of students. Lesson schedules are posted on the website. We also have special morning classes for adults and home-schooled students. For more information on these classes, please speak to an instructor. Lessons run for 1 ½ hours and includes preparing the horse to ride by grooming and tacking up, riding instruction, and finally untacking and grooming the horse after the ride. Not every lesson will be on horseback. We schedule ground lessons to help develop safety and confidence around horses, or for special events such as birth of a foal or healthcare of horses.

Lesson Groups: We assign students to lesson groups based on the student's ability and availability of space in that lesson group. For that reason, it is very important that you attend your scheduled lesson. Changes in lesson group, either as a one-time occurrence or for a permanent change, should be discussed with a staff member in advance.

Fees: Lesson fees are paid on a monthly basis. The cost per month is \$120.00 and the fee is due on the first lesson of each month. The classes are set up as 4 classes per month. During the year each lesson day has 4 months with 5 lesson days. These lesson days are makeup days and we will always have class on these extra days. Fees are to hold your place in the class whether you are able to attend or not. We will also have additional make up days when severe weather cancels lessons.

Check our website during weather events. www.oakmeadowsstables.com To reduce cost we don't accept credit or debit at this time. Please make checks payable to Oak Meadows Stables or Leah Imsand.

Student Information Sheet

Lesson Cancellation Policy

Cancellation by OMS: Because we have an indoor arena, it is rare that lessons will be cancelled. However during extreme weather conditions, it may be necessary to cancel/reschedule. If a lesson is cancelled, it will be posted on the stable website before 2pm on the day the lesson is cancelled. Along with the cancellation notice will be any information about rescheduling the lesson.

Cancellation by Student: If for any reason you are unable to attend your scheduled lesson, you must notify the instructors prior to your lesson. You may call the barn at (256) 858-5844 or email the instructors via the website. If you do not have access to the website, you can call Leah Imsand at 256-337-8291 and leave a message.

Extended Absences

We understand that there may be times when you will need to be absent from lessons for more than just a week or two. Please notify the instructors of any planned extended absences. Upon your return, it may be necessary to move to a different lesson group. You will need to contact the barn prior to your return in order to schedule your lesson.

Riding Clothes and Equipment:

Helmets: You must wear an ASTM/SEI approved helmet whenever you are mounting, riding or dismounting from a horse. School helmets are available for use until you can obtain your own helmet.

Shoes: To ensure that your foot does not become trapped in the stirrup, it is important to wear shoes with approximately a ½" right angle (no sloped heels) heel. The shoe should also provide some stability and support to the ankle joint. Boots do not have to be expensive riding shoes – any boot that fits well and provides the necessary safety and support are perfectly acceptable.

Clothing and Jewelry: Students should wear comfortable but not loose clothing. Pants should move with the rider so as not to bind and restrict his/her movement in the saddle; shirts and jackets should not be so loose that they could catch on a saddle horn and pose a safety risk. During cold weather, students should layer their clothing to provide optimal warmth. During the summer it is permissible to ride in capri pants or knee-length shorts but this may result in rubbing or chafing. Riders should avoid dangling jewelry, necklaces and earrings, as they pose a potential safety risk.

Fragrance Free/Smoke Free Barn

Oak Meadows Stables is a fragrance free and smoke free barn. Miss Leah suffers from serious headaches that are triggered by most commercial fragrances – perfume, hand lotion, body wash, etc. These headaches are painful and debilitating. For that reason we request that you avoid all scented products before arriving at the barn. If you arrive to drop-off/pick-up your child and you are wearing perfume, please do not enter the barn area – it only takes a small amount of fragrance to trigger a headache that can last upwards of 14 hours.

There is no smoking in the barn areas or parking lots of Oak Meadows Stables. Many things contained in a barn are highly flammable and smoking in the barn poses a serious safety risk to the people and the horses. Also, many people, including Miss Leah, are allergic to cigarette smoke.